As we all prepare for what we hope will be a less COVID-disrupted holiday season, it is hard to believe that the virus has been with us for nearly two years now. Sadly, unexpected or difficult news from antenatal tests does not stop during a pandemic. In fact, the need for support has increased as parents continue to be faced with added pressures, including isolation from friends and family and COVID restrictions in hospitals and clinics.

Our small team continued to provide support during the numerous lockdowns, as the demand for our services increased by 26% across 2020–21.

We asked our followers on Instagram how they found our support during the pandemic. Here are some of the responses:
“I am not sure I would have got through the hardest time of my life without ARC. Thank you for all the work you and your colleagues do, it really is essential, and was even more so when separated from family during the pandemic.”

“Invaluable... Covid rules created higher isolation from friends and professionals. A constantly available service. Difficult decisions still needed to be made.”

“We will forever remember the phone call we had with ARC after our anomaly scan in July 2020.”

“Absolutely amazing, out of hours contact, easily contactable via email and the phone, responsive and caring.”

“So valuable, at a time when we couldn’t see any friends or family.”
ARC’s capacity continues to be stretched in these uncertain times, as we continue to support increased numbers of particularly distressed parents whose health and well-being has suffered from attending scans or procedures alone. We are a small charity with no public funding: to help parents needing ARC’s support over Christmas, why not make ARC your chosen charity this Christmas? Or increase your current donation? Every penny will help us to be there for anxious expectant and bereaved parents in the future.

You can easily donate on our website, or by calling 020 7713 7356.

Thank you, The ARC Team.