Put the kettle on for ARC
Antenatal Results & Choices
Thank you for requesting this ARC tea party information pack. By taking part in ‘Put the Kettle on for ARC’, you are helping us to raise vital funds to ensure that we can continue to provide much needed information and support to anxious, expectant and bereaved parents. And all you need to do to help is put the kettle on, rustle up some teatime treats, dust down your best china, and hold a tea party for your friends and family. Once you’ve held your event at home or at work, why not post a photo of your party, or your cake creations, to our Facebook page, and be part of a ‘virtual tea party’ of ARC members across the UK?

Included in this pack is everything you need to make your party go with a swing – invitations, recipe suggestions, quiz questions and party game ideas, a poster to advertise your event, bunting and cake toppers, and sponsorship forms.

Thank you very much for helping to support ARC. We couldn’t maintain our services for parents without the continued and fantastic support of members like you.
Tips for a successful party

- Will your party be at work, or at home? In a local park? You may need permission from the council, and you need to inform the police if your event is outdoors.
- Send your invitations in good time, to make sure guests are free.
- Will your venue be big enough for all your guests? How many refreshments will you need to provide? What else do you need to provide – cups, plates, cutlery...?
- Delegate jobs to friends and family, to make sure that everyone has a good time!
- How will your event raise money for ARC? Will you organise a quiz and ask people to pay to take part? Will you charge for your refreshments, or an entry fee?
- Organise activities to get everyone involved and having fun – you could use the suggestions in this pack, or an idea of your own.
- How will you promote your tea party? Your local media may be interested, especially if you have a personal reason for fundraising. If you are interviewed, make sure you are enthusiastic and that you know your facts! You can use our website www.arc-uk.org or phone us on 0207 713 7356 if you need any help.
- Can you ask local businesses to sponsor your tea party, or provide refreshments or party game prizes?
- Ask donors to make cheques payable to ‘ARC’ and not to you personally.
### Victoria Sponge Cake

- 200g caster sugar
- 200g softened butter
- 3 eggs, beaten
- 200g self-raising flour
- 1 teaspoon baking powder

**For the filling:**
- 100g butter, softened
- 140g icing sugar, sifted
- 340g jar strawberry or raspberry jam
- Caster sugar, to decorate

**Method**
Heat the oven to 190 degrees (170 fan), and grease and line 2 sandwich tins. Cream together the butter and sugar, add the vanilla, then the eggs, a bit at a time. Fold in the flour, and mix well. Divide between the tins, then bake for 20 minutes until golden brown. Allow to cool in the tin for 10 minutes, then turn out. When the cakes are completely cool, sandwich them together with the jam and cream, then decorate the top with caster sugar.

### Chocolate Fudge Cake

- 200g plain chocolate, broken into chunks
- 200g butter
- 200g light muscovado sugar
- 100ml soured cream
- 2 eggs, lightly beaten
- 200g self-raising flour
- 5 tablespoons cocoa powder

**For the icing:**
- 100g plain chocolate
- 170g can condensed milk
- 100g butter

**Method**
Preheat the oven to 160 degrees (140 degrees fan), and line a 22 x 22 tin with baking parchment. Put the chocolate, butter and sugar in a pan with 100ml hot water, and melt together. Allow to cool slightly, then stir in the cream and eggs. Stir in the cocoa and flour. Bake for 50-55 minutes, until a skewer comes out clean. While the cake cools, make the icing. Melt the chocolate, condensed milk and butter together in a heatproof bowl over a pan of boiling water. Chill until spreadable. Turn out the cake, remove the parchment, and spread over the icing.

### Chocolate Chip Cookies

- 150g salted butter, softened
- 160g light brown muscovado sugar
- 2 teaspoons vanilla extract
- 1 large egg
- 225g plain flour
- ½ teaspoon bicarbonate of soda
- ½ teaspoon salt
- 200g plain chocolate chips or chunks

**Method**
Preheat the oven to 190 degrees (170 fan), and line two baking sheets. Cream the butter and sugar, then beat in the egg and vanilla. Sift in the flour, bicarbonate of soda and salt, then combine. Stir in the chocolate chips. Put spoonfuls of the mixture onto the trays, spacing well apart. Bake for 8-10 minutes, until lightly golden and still soft in the middle.
Keeping your guests entertained

Tea party memory game
Put lots of different items on a tray. Show all the players the tray, then cover it so the items are hidden. Ask everyone to write down all the items they can remember. The person who remembers the most wins.

Guess how many sweets in the jar
Fill a large jar with sweets. Ask everyone to guess how many sweets are in the jar. The person who gets closest to the right answer wins.

Who am I?
Each player writes down a well-known person's name on a post-it, then sticks it on someone else's forehead. Each person then asks 'yes or no' questions to try and work out who they are.

Fancy dress party
Think of a theme for your party and ask everyone to dress up in a related outfit. For example: you could ask everyone to dress up for the Mad Hatter's Tea Party, or wear something purple for ARC, or wear the silliest hat they can find, or anything else you can think of. Award a prize for the best costume.

Quiz time
Hold a quiz for your guests. There are tea party themed questions below, or you can make up some of your own.

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ARC's Tea Party Quiz
You can find lots of quiz questions online, but we've put together a few tea-themed questions for you to use if you'd like.

Round One - Tea
1. What is the name given to the hostesses who specialise in the Japanese tea ceremony?
2. Which character hosts a tea party in the book Alice in Wonderland?
3. The Duchess of Bedford is thought to have invented which British tradition in the 1800s?
4. What do people who practice Tasseography do?
5. Roughly how many cups of tea do the British drink each day?
   A. 50 million  
   B. 165 million  
   C. 230 million

Round Two - Cakes
1. In what British county was the Bakewell tart invented?
2. Who was the Victoria sponge named after?
3. What does ‘petits fours’ mean?
4. What is a ganache, and where would you normally find it?
5. Name the cake traditionally eaten at Easter time in the UK.

Round Three - General Knowledge
1. Name the ballerina who had a cake named after her in New Zealand in the 1920s.
2. Which British monarch had the longest reign?
3. The digestive biscuit is the most popular biscuit in the UK.
4. A bakers’ dozen is 13.
5. Possible answers are: Bakewell tart, Chelsea buns, Eccles cakes, Bath bun, Chorley cake, Manchester tart, Melton Mowbray pork pies, Lincoln biscuits, Dundee cake or Shrewsbury biscuits.

If you plan to run a quiz, think about whether people will take part in teams or individually, and plan the winners' prize accordingly.
Have fun and thank you for supporting

Sample invitation
On the following page is a sample invitation you might like to use to invite people to your party. If you would like to email your invite contact ARC for an emailable version on info@arc-uk.org.
You can recreate this invitation depending on whether or not your party will have a dress code, or if you are charging people to come to your party, and so on. Please make sure you include ARC’s logo and registration number (1148653) on promotional materials and make it clear you are fundraising in aid of ARC and that you do not represent the charity.
Dear ________________________________

Please come to my tea party in aid of ARC.

On: ____________________________ At: ______________________________

 ____________________________

From: __________________________ until: ____________________________

Dress code: ____________________

Please RSVP to: __________________________ by: __________________________

at: __________________________

My contact details are: ________________________________

(To raise money for ARC, I am asking for a small fee of _______ to attend my party.
All the money raised will go directly to ARC, to help them provide information
and support to parents.)
Please support my event
Raising funds in support of ARC
Antenatal Results and Choices
- the only national charity to
provide non-directive support
and information to expectant and
bereaved parents throughout and
after the antenatal screening and
testing process.
Decorate your bakes

Get your goodies ready with our printable decorations

Make your own cake bunting! Simply print and cut out the shapes below. Then, carefully glue each flag to a piece of thread or thin string. Tie the string to two lengths of wooden dowelling, then add to the top of your cake.

To make an ARC cupcake topper, print the flags to the left, and cut each one out. Glue the straight edge to a toothpick, and stick each one in the top of your cakes.
Well done and thank you for supporting ARC

Paying in form

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By signing below I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want ARC (Antenatal Results and Choices) to reclaim tax on the donation detailed below, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all charities and CASCs that I donate to, will reclaim on my gifts for that tax year. I understand that other taxes, such as VAT and Council Tax do not qualify. I understand that the charity will claim 25p of tax on every £1 that I have given.

Signature: ____________________________

☐ I enclose a Sterling cheque/postal order (made payable to ARC) for £ ____________________________

☐ I have made a bank transfer to ARC (please use the reference KETTLE) for £ ____________________________

**Account name:** ARC Limited, account number: 65625501, sort code: 08-92-99
bank address: Co-operative Bank, PO Box 250, Delf House, Southway, Skelmersdale, WN8 6WT.

☐ I would like to make a payment by card, please debit my * Visa/Mastercard/Visa Debit/UK Maestro card for £ ____________________________ (*delete as appropriate)

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